



Carolyn Coker Ross, MD, MPH

Seminars and Speeches

- The Integrative Medicine Approach to Eating Disorders
- Shedding New Light on Depression and Anxiety with Integrative Medicine
- You Don't Have to be Sick to GET Healthy
- Seven Steps to a Healthier You
- Miracles: Inspiring Stories of Hope and Healing
- Balance the Scales by Balancing Your Life: A New Approach to Weight Management
- Complementary Alternative Medicine Approaches to Fibromyalgia and Chronic Fatigue Syndrome
- Self-Image and Aging

Carolyn Coker Ross, MD, MPH will enliven your next meeting or conference with her passion for combining the best of both conventional and alternative therapies in medical treatment. Her enthusiastic and dynamic communication style make her a uniquely qualified speaker and lecturer on a host of intriguing topics at the forefront of medicine in the 21st century.

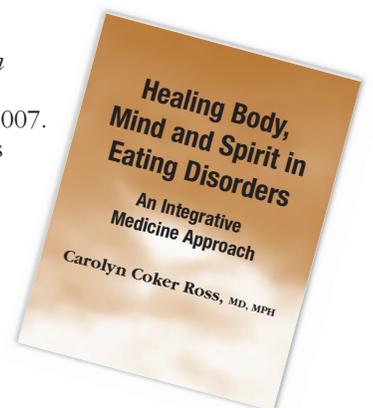
As a graduate of the Program in Integrative Medicine directed by Dr. Andrew Weil, Dr. Ross speaks authoritatively and compassionately about how to achieve healing on the deepest level possible. She takes her audiences to new depths of understanding about the powerful role that a mind/body/spirit approach plays in healing, particularly in her area of expertise—eating disorders, and shares her many success stories with humor and thoughtfulness.

Dr. Ross' belief that illness is a wake-up call to change not only on the physiological and behavioral levels but also on the mental and spiritual levels is a compelling thread that runs through all of her speeches and seminars. Find out why Dr. Carolyn Ross is rapidly becoming the most trusted name in developing new approaches to medical treatment.

***Illness is a call to action, a call to go beyond
behavior change toward complete transformation.***

– Carolyn Coker Ross, MD, MPH

Don't miss Dr. Ross' latest book, *"Healing Body Mind and Spirit in Eating Disorders: An Integrative Medicine Approach"* due out in 2007. This long-awaited book describes the step-by-step process she has developed for the acclaimed eating disorders program at Sierra Tucson, noted for its successful treatment of individuals challenged by anorexia, bulimia and obesity.



About Dr. Ross

A physician, author, and nationally recognized speaker, Dr. Carolyn Ross is a graduate of the University of Michigan Medical School and an alumnus of Dr. Andrew Weil's Program in Integrative Medicine at the University of Arizona. She also holds a master's degree in public health with an emphasis on international health.

She has more than 20 years experience as a practicing physician specializing in women's health and integrative medicine. She currently serves as the Head of the Eating Disorders Program and Head of Integrative Therapies at Sierra Tucson, an internationally respected treatment center in Arizona.

Her first book, "Miracles in Healing," recounts her journey of self-healing while offering a mesmerizing exploration of alternative and complementary healing modalities. Her second book, due out next year, guides professionals in an integrative medicine approach to the treatment of eating disorders based on the highly successful program Dr. Ross has developed at Sierra Tucson.

What People Say:

Dr. Carolyn Ross really knows how to deliver to an audience. After hearing her first presentation, I asked Dr. Ross to write a chapter on integrative medicine for the 3rd edition of my own book, "The Eating Disorder Sourcebook."

**Carolyn Costin MFT, MA, MEd,
Founder & Executive Director,
The Monte Nido Treatment Center**

Carolyn Ross is one of the nation's leading experts on integrative approaches to eating disorders. A passionate and enlightening speaker, she brings creative solutions to challenging problems.

**Victoria Maizes MD,
Executive Director, Program in Integrative
Medicine, University of Arizona; Associate
Professor of Medicine, Family & Community
Medicine & Public Health**

Dr. Ross' Integrative Approach to eating disorder treatment is clearly and observably effective. Her patients frequently express their first sense of hopefulness at the awakening of mind, body and spirit that is addressed in Dr. Ross's method.

**Dr. Barbara Cole,
Author *The Eating Disorder Solution*;
Clinical Director, Victorian House**

WOW! What energy you brought to our Women's Health Symposium through your exhilarating and informative presentation. Your ability to present medical information in a way that is understandable to the layperson is truly a gift. You were loved by your audience and rated off the scale...a 10+.

**Beverly Weurding MBA,
Former Director, Community Education
& Special Events, Sharp HealthCare**

Dr. Carolyn Ross' health information seminars and workshops were standing room only with both consumers and patients. Her programs offered outstanding, current and relevant health information, created lively discussions and left consumers asking for more. Dr. Ross delivered quality programs that gave them the straight facts.

**Leslie Anne Mogul,
President, Project Works**

www.carolynrossmd.com

Previous Speaking Engagements

CONFERENCES

American Medical Women's Association
SUMMIT for Clinical Excellence
NPACE
American Association of Physician's Assistants
Sharp HealthCare Annual Women's Symposium
Sharp HealthCare Senior Symposium
African-American Women on Tour
Merck Pharmaceutical's National Midlife Women's Conference
National Association of Professionals in Women's Health's Annual Conference
Continuing Medical Education Associates
IBC Conference on Integrative Medicine

HOSPITALS

Kaweah Delta Hospital, Visalia, CA
Glendale Memorial, Glendale, CA
Sharp Hospital, San Diego, CA
Scripps-Mercy Hospital, San Diego, CA

NATIONAL ORGANIZATIONS

Council for Responsible Nutrition
National Nurse Practitioners Association
American Association of Physicians Assistants
Night Nurses Association
IBC Conference on Integrative Medicine
National Association of Professionals in Women's Health
National Medical Association
Association of Professionals Treating Eating Disorders
International Association of Eating Disorders Professionals Foundation

INDUSTRY

Solar Turbines
Qualcomm

UNIVERSITIES

San Diego State University
University of California, San Diego

Keynotes Speeches Seminars